

College Coaches with Live Stream Access in 2020 at Fastpitch Nation

In red attended showcase camp	
Adelphi University	bmartini@adelphi.edu
Albertus Magnus University	eemielita@albertus.edu
Alfred State College	robnjuliann@gmail.com
Amherst College	jbolduc@amherst.edu
American International College (AIC)	shalise.tolentino@aic.edu
Anna Maria College	sasso16@verizon.net
Assumption College	jm.ladino@assumption.edu
Bay Path University	ssmith@baypath.edu
Becker College	teachcoach16@aol.com
Bowdoin College	jburton@bowdoin.edu
Bowie State University	Edward.Powell@montgomerycountymd.gov
Brandeis University	dbishop@brandeis.edu
Buffalo State College	brownjl@buffalostate.edu
Carnegie Mellon University	mmharris@andrew.cmu.edu
Casetton University	err12250@castleton.edu
Clark University	wlah@yahoo.com
Curry College	bweckwor@curry.edu
Drew University	emehalick@drew.edu
Eastern CT State University	coachcorreia7@gmail.com
Elms College	condonc@elms.edu
Emmanuel College	beryo@emmanuel.edu
Endicott College	kabetten@endicott.edu
Felician University	MelendezH@felician.edu
Fitchburg State University	mmacdo22@fitchburgstate.edu
Florida National University	jpryor@fnu.edu
Framingham State University	lmiller9@framingham.edu
Harvard University	lwood@g.harvard.edu
Haverford College	cpoppe@haverford.edu
Husson University	ramseyd@husson.edu
Ithaca College	krobich1@ithaca.edu
Keene State College	Carrah.Fisk.Hennessey@keene.edu
Lake Sumter State College	JCastiglione@STU.EDU
Lasell University	SWoodside@lasell.edu
Lesley University	hross7@lesley.edu
Lemoyne University	romantr@lemoyne.edu
Manhattanville College	Dale.Martin@mville.edu
Mansfield State University of Pennsylvania	egallagh@mansfield.edu
Mercy College	MFazio@mercy.edu
Mercyhurst University	lbaker23@mercyhurst.edu
Methodist University	awickham@methodist.edu
Mitchell College	miller_er@mitchell.edu
Muhlenberg College	sarahleavenworth@muhlenberg.edu
Nichols College	kristan.mallet@nichols.edu
Penn State Schuylkill	dcc14@psu.edu
Post University	tgarofalo@post.edu
Providence College	stacey.mayer01@gmail.com

In red attended showcase camp	
Rhode Island College	glamanna@ric.edu
Roger Williams University	jmaudie@rwu.edu
Rowan University	softball@rowan.edu
Russell Sage College	e.li@sage.edu
Saint Michaels College	ngoodreau@smcvt.edu
Salisbury University	LJLISTER@salisbury.edu
Southern CT State University	ortegaj3@southernct.edu
Springfield College	kbowen2@springfieldcollege.edu
Saint Anselm College	jgagnon@anselm.edu
Simmons University	brook.capello@simmons.edu
Smith College	elopez@smith.edu
St Joseph's College Brooklyn	dfazzolare@sjcnyc.edu
SUNY Fredonia	ciccarel@fredonia.edu
SUNY New Paltz	maronskk@newpaltz.edu
SUNY Oneonta	Sara.Headley@oneonta.edu
SUNY Purchase	mark.sergio@purchase.edu
Trinity College	molly.rathbun@trincoll.edu
The College of St. Rose	arceneaa@mail.strose.edu
Tufts University	Lauren.Ebstein@tufts.edu
UMass Dartmouth	rdhuck@comcast.net
Union College	connorsm@union.edu
University of Bridgeport	dsteams@bridgeport.edu
University of Connecticut	cnovatin@gmail.com
University of Hartford	ACHURCHIL@hartford.edu
University of Maryland Eastern Shore	knpowell@umes.edu
University of Rochester	myerdon@sports.rochester.edu
University of St. Joseph	jimckinnon@usj.edu
Utica College	pmineo@utica.edu
Wentworth Institute of Technology	castroe@wit.edu
Western CT State University	StoneH@wcsu.edu
Western New England	amanda.novak@wne.edu

LEGEND **F** Fastball **R** Rise **CH** Change **S** Screw **BCU** Backdoor Curve
CU Curve **D** Drop **2S** 2 Seam **DC** Drop Curve **MOVING PITCHES**

PLAYER NUMBER	Moving Pitch 1	RevFire Spin rate 1	RevFire Speed 1	Pocket Radar Speed 1	Moving Pitch 2	RevFire Spin rate 2	RevFire Speed 2	Pocket Radar Speed 2	Moving Pitch 3	RevFire Spin rate 3	RevFire Speed 3	Pocket Radar Speed 3	Moving Pitch 4	RevFire Spin rate 4	RevFire Speed 4	Pocket Radar Speed 4	Moving Pitch 5	RevFire Spin rate 5	RevFire Speed 5	Pocket Radar Speed 5
2	CU	15.3	45	45	CU	9.9	35	50	CU	14.9	34	49	CU	15.2	43	49	CU	15	45	48
6	CU	16.1	48	54	S	15.6	49	54	CU	14.5	50	55	S	15.5	49	54	CU	15	50	55
7	CU	23.5	47	52	S	23.7	47	54	CU	25.1	42	51	S	24.4	44	49	D	23	43	52
9	CU	11.2	42	55	S	11.9	50	54	CU	12.5	52	56	S	11.8	45	56	CU	13	50	55
11	CU	21.2	47	53	S	22.1	46	53	D	21.9	55	55	CU	20.8	49	54	S	21	49	54
16	CU	11.5	38	57	S	17.5	57	55	DC	16.5	42	49	CU	19.4	48	56	S	18	48	54
20																				
21	F	26.2	42	58	CH	14.9	39	35	F	27.7	51	57	CH	15.4	37	40	F	27	50	57
30	CU	13.1	41	53	CU	13.1	47	53	CU	13.1	47	56	CU	13.1	47	53	CU	13	46	55
34	R	12.3	39	45	SCH	8.6	38	45	R	8.6	39	47	SCH	9.9	41	53	R	16	39	53
36	CU	19.1	50	55	DC	8.2	33	56	R	16.5	50	54	D	19.3	52	56	S	18	48	53
40	CU	7.6	38	54	CU	25.6	46	56	S	24.5	47	54	D	22.7	48	54	CU	24	48	53
41																				
42	D	22.3	50	55	R	19	50	53	S	23.4	51	56	D	21	51	58	S	23	23	57
48	CU	12.3	44	48	S	12.9	44	45	D	15.5	45	50	CU	14	45	56	S	14	45	50
49	CU	19.7	54	58	S	19.7	51	55	R	20.6	52	56	CU	18.6	36	58	S	22	48	56
50	R	23.1	50	54	S	20.8	50	55	CH	20.8	33	45	R	19.5	49	54	CH	23		55
54	D	11.8	31	46	S	10.9	31	36	R	10.7	40	43	D	12.6	40	44	R	9.7	32	52
58	D	15.7	46	50	DC	15.5	45	50	CH	8.1	38	44	DC	15.2	45	50	D	16	45	45
64	CU	17.3	43	48	CU	18	48	46	BCU	18.3	41	48	D	14.8	42	49	S	15	40	55
65	2S	15.7	45	51	CH	12.9	38	43	2S	15.7	45	50	CH	13.4	40	45	2S	15	44	51
70	D	19.8	49	54	CH	18.8	44	51	D	19.3	48	55	CH	18.4	44	51	D	19	48	51
72	CU	21.2	46	50	S	22.1	45	51	D	20.3	45	51	D	18.8	46	51	R	21	42	53
75	CU	14.9	52	56	CU	14.6	50	56	S	15.8	48	56	R	14.2	48	56	S	15	49	57
81	D	18.8	50	56	CU	20.6	50	54	D	18.4	50	56	CU	17.5	49	55	D	19	52	56
82	S	19.2	41	49	D	16.3	42	48	CU	18.1	46	52	S	17.3	46	52	CU	9	30	51
84	CU	14	48	53	R	13.6	46	51	D	15.6	46	52	CU	14.6		52	R	15	48	52
91	CU	14.3	43	50	S	15.2	49	54	D	14.1	49	54	R	12.8	46	51	R	15	49	53

FASTBALL

PLAYER NUMBER	Fastball 1	Fastball 2	Fastball 3	Fastball 4	Fastball 5	Change up 1	Change up 2	Change up 3	Change up 4	Change up 5
2	50	50	46	49	49					
6	53	55	55	56	55					
7	52	46	50	51	52					
9	56	56	57	56	57					
11	55	54	55	54	54					
16	52	56	55	56	55					
20										
21	58	58	58	58	57					
30	51	52	51	51	51					
34	46	45	48	48	48					
36	55	55	55	55	55					
40	55	55	55	55	55					
41										
42	56	58	58	58	59					
48	48	51	48	48	49					
49	58	58	58	58	57					
50	54	55	56	56	57					
54	45	45	46	46	48					
58	52	51	51	51	52					
64	49	49	49	49	49					
65	52	51	51	51	52					
70	55	56	56	56	56					
72	52	52	51	51	52					
75	57	56	56	56	56					
81	53	54	53	53	55					
82	52	51	52	52	51					
84	50	51	51	51	52					
91	53	53	54	54	53					

LEGENDF
CUFastball
CurveR
DRise
DropCH
2SChange
2 SeamS
DCScrew
Drop Curve

BCU

Backdoor Curve

BEST PITCH

PLAYER NUMBER	Best Pitch 1		Best Pitch 2		Best Pitch 3		Best Pitch 4		Best Pitch 5	
	Speed		Speed		Speed		Speed		Speed	
1	CU	49	CU	49	CU	48	CU	50	CU	49
6	CU	56	CU	56	2S	57	D	53	D	53
7	F	52	CU	52	F	52	CU	52	F	51
9	CU	55	CU	56	CU	55	CU	56	CU	56
11	S	54	S	53	S	54	S	53	S	53
16	DC	52	DC	53	DC	53	DC	50	DC	50
20										
21	F	59	F	57	F	58	F	58	F	56
30	CU	54	CU	52	CU	52	CH	46	CH	47
34	S	45	S	45	S	45	S	45	S	44
36	D	55	D	54	D	56	CU	55	CU	54
40	D	52	D	52	D	52	D	49	D	52
41										
42	D	58	D	58	D	57	D	57	D	56
48	CU	49	CU	49	CU	46	CU	48	CU	44
49	CU	59	CU	58	CU	58	CU	58	CU	59
50	S	55	S	54	S	56	R	53	R	53
54	F	47	F	46	F	46	F	46	F	45
58	D	51	D	50	D	48	D	48	D	46
64	S	43	S	42	S	42	CH	34	CH	32
65	2S	50	2S	50	2S	50	2S	50	2S	49
70	CH	51	CH	50	D	55	D	53	D	49
72	S	50	S	51	S	50	S	50	S	50
75	S	51	S	52	S	53	CU	55	CU	54
81	D	52	D	53	CU	52	CU	53	CU	54
82	CH	45	CH	41	CH	46	CH	44	CH	44
84	CH	43	CH	41	CH	40	CH	43	CH	41
91	CH	53	CU	51	CU	54	CU	51	CU	52

PLAYER NUMBER	Called Pitch 1	Speed	Called Pitch 2	Speed	Called Pitch 3	Speed	Called Pitch 4	Speed	Called Pitch 5	Speed
2	CH	43	CH	46	CH	36	CU	48	CU	48
6	CU	56	CU	55	CU	55	2S	56	2S	57
7	CU	54	CU	52	SC	51	CU	51	SC	51
9	CU	56	CU	57	CU	56	SC	56	SC	55
11	CU	54	CU	53	CU	53	SC	53	SC	53
16	CH	40	CH	41	CH	42	D	54	D	50
20										
21	F	58	F	58	F	54	CH	32	CH	45
30	F	52	F	52	F	53	CU	52	CU	52
34	Cutter	45	Cutter	45	Cutter	44	R	48	R	46
36	CH	51	CH	43	CH	45	CH	49	R	54
40	F	55	F	55	F	54	SC	55	SC	55
41										
42	F	59	F	59	F	58	R	54	R	55
48	CU	51	CU	49	CU	47	SC	49	SC	49
49	CU	59	CU	57	CU	58	F	57	F	57
50	CH	42	CH	45	CH	42	R	55	R	54
54	F	47	F	46	F	46	CH	32	CH	32
58	F	57	F	51	DC	51	DC	51	DC	50
64	CH	59	Ch	49	CH	49	SC	54	SC	44
65	F	51	F	51	F	53	F	50	CH	44
70	F	56	F	56	F	56	DC	46	D	53
72	SC	52	SC	51	SC	50	SC	55	CH	47
75	CU	54	CU	55	CU	55	CH	52	CH	47
81	CH	39	Ch	41	CH	40	CU	55	CU	54
82	SC	51	SC	52	SC	51	R	52	R	49
84	D	51	D	53	D	51	DC	52	D	50
91	D	55	D	54	D	54	R	54	R	54

CALLED PITCH

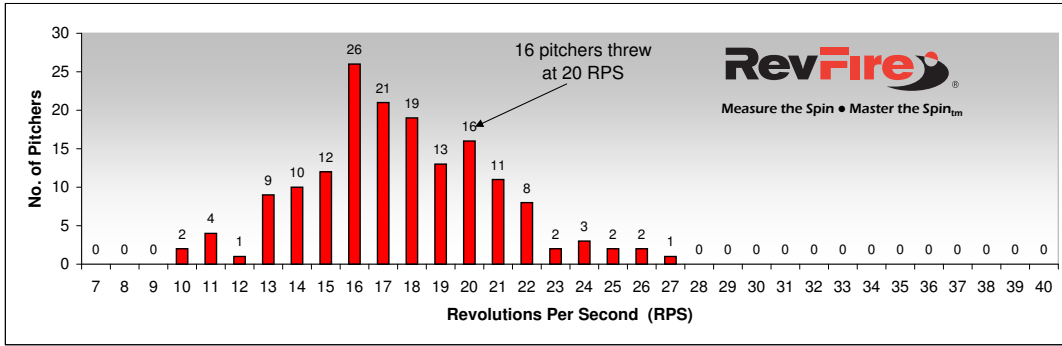
Player Number	Pop to Pop 1	Pop to Pop 2	Pop to Pop 3	
5	2.4	2.66	2.3	
8	2.2	2.02	1.98	
10	2.25	2.19	2.17	
12	2.01	2.45	2.1	
14	2.32	2.3	2.09	
17	1.92	1.85	2.3	
23	2.2	2.18	1.99	
31	1.95	2.13	1.9	
38	2.21	2.3	2.21	
44	1.88	2.25	1.88	
51	2.11	2.15	2.3	
59	2.5	2.29	2.39	
61	2.36	2.43	2.46	
77	2.49	2.26	2.38	
78	2.14	2.14	2.14	
89	2.33	2.33	2.44	
93	2.19	2.15	2.2	
96	2.91	3.22	2.81	
98	2.28	2.3	2.2	
100	3.2	2.6	2.73	
104	2.15	2.3	2.23	
108	2.14	1.99	2.03	
110	2.9	2.63	2.5	
114	2	2.45	1.83	
119	2.46	2.5	2.39	
120	1.96	2.23	2.05	
123	1.99	2.07	2.26	
126	1.88	2.27	1.89	

CATCHER'S POP TO POP

Player Number	Pop to Pop 1	Pop to Pop 2	Pop to Pop 3	
127	1.96	2.03	2.05	
131	2.4	2.15	2	
132	2.24	2.2	2.66	
134	2.42	2.15	2.68	
141	2.55	2.73	2.78	
144	1.95	2.35	2.14	
149	1.82	2.32	2.05	
150	1.93	2.42	1.8	

CATCHER'S POP TO POP

National Fastpitch Coaches Association 2010 Recruiting Camp Pitcher Spin Rate Statistics



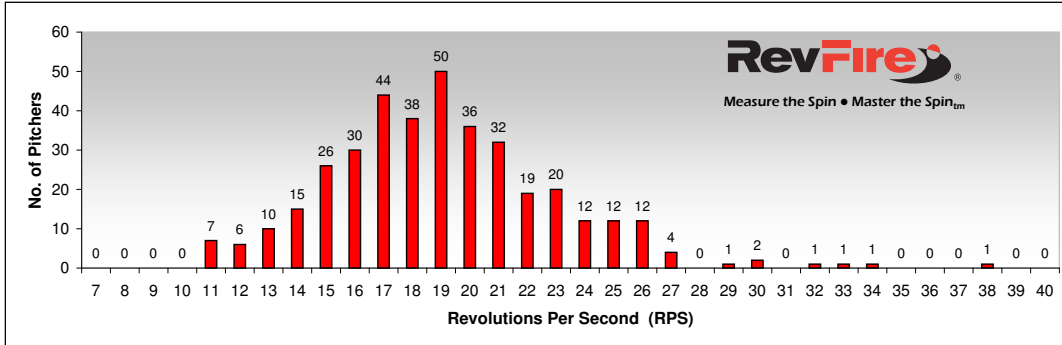
DROP BALL

162 Pitchers

50th Percentile:

17 RPS

Example read of chart:
16 pitchers out of 162 total threw dropballs at 20 RPS.

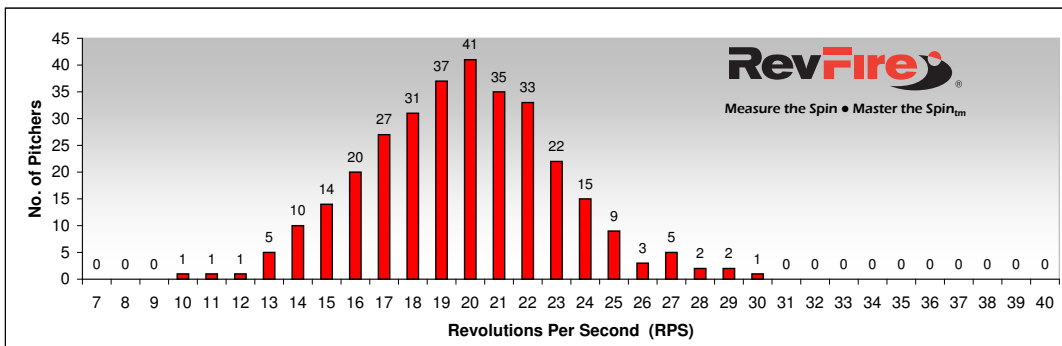


CURVE BALL

380 Pitchers

50th Percentile:

18 RPS

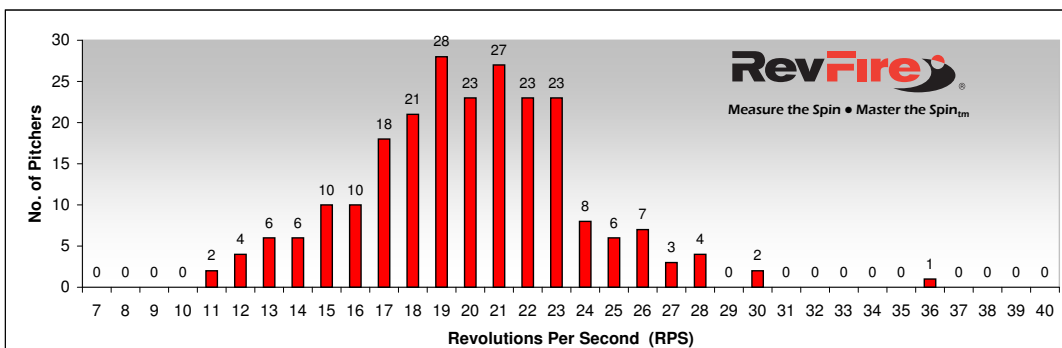


SCREW BALL

315 Pitchers

50th Percentile:

19 RPS



RISE BALL

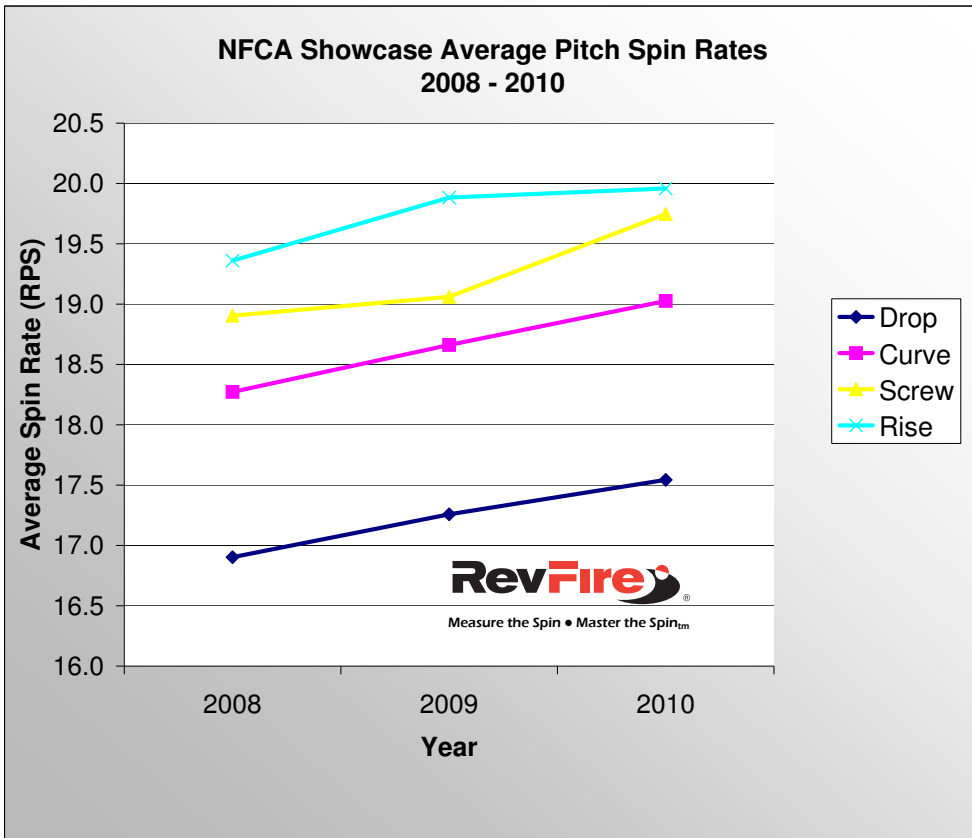
232 Pitchers

50th Percentile:

19 RPS

Data from 2010 NFCA Showcase Camp results posted at www.NFCA.org

2010	Drop	Curve	Screw	Rise
Average	17.5	19.0	19.7	20.0
Top 10% level	21.6	24.2	24.0	24.5



AVERAGE DATA FOR COMPARISON ONLY

Data Compiled by Top Prospect Baseball and Softball Inc. 2008

Fielder Arm Strength - Speeds in MPH

Age	Division I	Division II	Division III
13	41-44	36-39	33-36
14	45-48	40-43	37-40
15	49-52	44-47	41-44
16	53-56	48-51	45-48
17	57-60	52-55	49-52
18	61-64	56-59	53-56

Division I Pitching Speeds in MPH

Age	Fastball	Changeup	Curveball
13	45-48	26-29	39-42
14	49-52	30-33	43-46
15	53-56	34-37	47-50
16	57-60	38-41	48-51
17	61-64	42-45	52-55
18	65-68	46-49	56-59

Division II - Pitching Speeds in MPH

Age	Fastball	Changeup	Curveball
13	40-43	21-24	31-34
14	44-47	25-28	35-38
15	48-51	29-32	39-42
16	52-55	33-36	43-46
17	56-59	37-40	47-50
18	60-63	41-44	51-54

Division III - Pitching Speeds in MPH

Age	Fastball	Changeup	Curveball
13	35-38	16-19	29-32
14	39-42	20-23	33-36
15	43-46	24-27	37-40
16	47-50	28-31	41-44
17	51-54	32-35	45-48
18	55-58	36-39	46-49

Speed Times in Seconds - Home to 1st Base

Age	Fastball	Changeup	Curveball
13	3.70-3.85	3.95-4.10	4.15-4.30
14	3.55-3.70	3.75-3.90	3.95-4.10
15	3.35-3.50	3.55-3.70	3.75-3.90
16	3.15-3.30	3.35-3.50	3.55-3.70
17	2.95-3.10	3.15-3.30	3.35-3.50
18	2.75-2.90	2.95-3.10	3.15-3.30